

GPP2010  
Ocewięcim, 8. - 9.5.2010

Konkurencja 32  
09.05.2010 - 11:32

Mężczyzn, 400m dowolny

14 lat i starsi  
Wyniki

Top Times "Poland"	3:45.71	STAŃCZYK, Przemysław	MKSZC	Chiba (JPN)	21.08.2007
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Punkty: FINA 2008

Pozycja		Rok ur.		Czas	Pkt.	100m	200m	300m	400m
1.	PIELOWSKI, Krzysztof	91	KOOLS	<b>4:00.20</b>	797	58.23	1:00.45	1:00.74	1:00.78
	50m:		150m:	250m:			350m:		
	100m: 58.23		200m: 1:58.68	300m: 2:59.42			400m: 4:00.20		
2.	BOROWICZ SKONECZNY, Sławomir	92	KOOLS	<b>4:03.92</b>	761	59.37	1:01.66	1:01.75	1:01.14
	50m:		150m:	250m:			350m:		
	100m: 59.37		200m: 2:01.03	300m: 3:02.78			400m: 4:03.92		
3.	WYSOCZYŃSKI, M.	93	JOKRA	<b>4:04.20</b>	758	58.12	1:03.06	1:02.08	1:00.94
	50m:		150m:	250m:			350m:		
	100m: 58.12		200m: 2:01.18	300m: 3:03.26			400m: 4:04.20		
4.	PULWIN, Paweł SO	92	UNOSW	<b>4:04.34</b>	757	58.74	1:00.91	1:02.53	1:02.16
	50m:		150m:	250m:			350m:		
	100m: 58.74		200m: 1:59.65	300m: 3:02.18			400m: 4:04.34		
5.	SZUBA, Michał SWR	93	SLWRO	<b>4:05.89</b>	743	59.73	1:01.53	1:02.77	1:01.86
	50m:		150m:	250m:			350m:		
	100m: 59.73		200m: 2:01.26	300m: 3:04.03			400m: 4:05.89		
6.	ZACZYŃSKI, Karol SO	91	AZKAT	<b>4:07.35</b>	730	58.16	1:02.17	1:03.95	1:03.07
	50m:		150m:	250m:			350m:		
	100m: 58.16		200m: 2:00.33	300m: 3:04.28			400m: 4:07.35		
7.	DUBIEL, Adam	93	LULUB	<b>4:08.18</b>	722	58.86	1:03.23	1:04.26	1:01.83
	50m:		150m:	250m:			350m:		
	100m: 58.86		200m: 2:02.09	300m: 3:06.35			400m: 4:08.18		
8.	RYBIŃSKI, Dawid SWR	93	SLWRO	<b>4:09.44</b>	711	59.80	1:03.15	1:04.26	1:02.23
	50m:		150m:	250m:			350m:		
	100m: 59.80		200m: 2:02.95	300m: 3:07.21			400m: 4:09.44		
9.	CZARNOTA, Mateusz SO	91	UNOSW	<b>4:10.23</b>	705	58.27	1:01.20	1:05.31	1:05.45
	50m:		150m:	250m:			350m:		
	100m: 58.27		200m: 1:59.47	300m: 3:04.78			400m: 4:10.23		
10.	ZABOROWSKI, Filip	94	FLGDY	<b>4:11.28</b>	696	59.24	1:04.16	1:04.30	1:03.58
	50m:		150m:	250m:			350m:		
	100m: 59.24		200m: 2:03.40	300m: 3:07.70			400m: 4:11.28		
11.	SUZIN, Marcin SK	93	JOKRA	<b>4:11.33</b>	696	58.93	1:03.64	1:04.09	1:04.67
	50m:		150m:	250m:			350m:		
	100m: 58.93		200m: 2:02.57	300m: 3:06.66			400m: 4:11.33		
12.	SMEJA, Sławomir	94	ASBYD	<b>4:11.36</b>	695	1:00.22	1:04.17	1:04.96	1:02.01
	50m:		150m:	250m:			350m:		
	100m: 1:00.22		200m: 2:04.39	300m: 3:09.35			400m: 4:11.36		
13.	TOWAREK, S.	93	SLWRO	<b>4:11.66</b>	693	1:00.42	1:03.97	1:04.53	1:02.74
	50m:		150m:	250m:			350m:		
	100m: 1:00.42		200m: 2:04.39	300m: 3:08.92			400m: 4:11.66		
14.	KIERZKOWSKI, Mateusz	87	AWGDA	<b>4:12.54</b>	686	59.78	1:04.65	1:04.52	1:03.59
	50m:		150m:	250m:			350m:		
	100m: 59.78		200m: 2:04.43	300m: 3:08.95			400m: 4:12.54		
15.	GIMIŃSKI, Łukasz	86	AZWAW	<b>4:12.57</b>	685	59.21	1:03.43	1:05.75	1:04.18
	50m:		150m:	250m:			350m:		
	100m: 59.21		200m: 2:02.64	300m: 3:08.39			400m: 4:12.57		
16.	RYSKI, Marcin	94	KOOLS	<b>4:14.05</b>	673	1:04.55	1:03.59	1:04.02	1:01.89
	50m:		150m:	250m:			350m:		
	100m: 1:04.55		200m: 2:08.14	300m: 3:12.16			400m: 4:14.05		
17.	PIŃTKOWSKI, Mateusz SO	90	UNOSW	<b>4:14.39</b>	671	59.97	1:04.15	1:05.41	1:04.86
	50m:		150m:	250m:			350m:		
	100m: 59.97		200m: 2:04.12	300m: 3:09.53			400m: 4:14.39		
18.	POPRAWA, Michał	94	AZKAT	<b>4:14.42</b>	670	1:01.33	1:05.78	1:05.73	1:01.58
	50m:		150m:	250m:			350m:		
	100m: 1:01.33		200m: 2:07.11	300m: 3:12.84			400m: 4:14.42		
19.	GILSKI, Krzysztof	93	KOOLS	<b>4:16.06</b>	658	1:00.90	1:05.43	1:06.25	1:03.48
	50m:		150m:	250m:			350m:		
	100m: 1:00.90		200m: 2:06.33	300m: 3:12.58			400m: 4:16.06		

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Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
20. BRZOZA, Jakub SWR	93 SLWRO	<b>4:16.48</b>	654	1:02.34	1:05.77	1:05.50	1:02.87
50m:	150m:	250m:			350m:		
100m: 1:02.34	200m: 2:08.11	300m: 3:13.61			400m: 4:16.48		
21. ASULIAN, Axel SO	93 AZKAT	<b>4:16.68</b>	653	1:01.61	1:05.92	1:05.72	1:03.43
50m:	150m:	250m:			350m:		
100m: 1:01.61	200m: 2:07.53	300m: 3:13.25			400m: 4:16.68		
22. PASZEK, Marcin	89 AZWAW	<b>4:17.41</b>	647	1:01.45	1:05.20	1:05.75	1:05.01
50m:	150m:	250m:			350m:		
100m: 1:01.45	200m: 2:06.65	300m: 3:12.40			400m: 4:17.41		
23. RZĘSA, Wojciech	90 AWGDA	<b>4:17.57</b>	646	1:02.29	1:06.89	1:05.92	1:02.47
50m:	150m:	250m:			350m:		
100m: 1:02.29	200m: 2:09.18	300m: 3:15.10			400m: 4:17.57		
24. LASSEK, Bartłomiej	94 TRLOD	<b>4:17.59</b>	646	1:01.63	1:05.53	1:05.99	1:04.44
50m:	150m:	250m:			350m:		
100m: 1:01.63	200m: 2:07.16	300m: 3:13.15			400m: 4:17.59		
25. MISIAK, Piotr	92 BIWAR	<b>4:18.55</b>	639	59.82	1:05.17	1:06.49	1:07.07
50m:	150m:	250m:			350m:		
100m: 59.82	200m: 2:04.99	300m: 3:11.48			400m: 4:18.55		
26. FURMAN, Łukasz	93 MOSDG	<b>4:18.79</b>	637	1:01.08	1:05.94	1:06.56	1:05.21
50m:	150m:	250m:			350m:		
100m: 1:01.08	200m: 2:07.02	300m: 3:13.58			400m: 4:18.79		
27. UKOWSKI, Maciej SWR	93 SLWRO	<b>4:19.06</b>	635	1:01.29	1:05.82	1:06.41	1:05.54
50m:	150m:	250m:			350m:		
100m: 1:01.29	200m: 2:07.11	300m: 3:13.52			400m: 4:19.06		
28. POŁAWSKI, Mariusz	93 BIWAR	<b>4:19.14</b>	635	1:01.74	1:05.27	1:05.38	1:06.75
50m:	150m:	250m:			350m:		
100m: 1:01.74	200m: 2:07.01	300m: 3:12.39			400m: 4:19.14		
29. KSIĘEK, Michał SK	93 JOKRA	<b>4:19.17</b>	634	1:02.22	1:06.47	1:05.78	1:04.70
50m:	150m:	250m:			350m:		
100m: 1:02.22	200m: 2:08.69	300m: 3:14.47			400m: 4:19.17		
30. STOKARSKI, Marek	92 BIWAR	<b>4:19.22</b>	634	1:01.43	1:05.89	1:06.38	1:05.52
50m:	150m:	250m:			350m:		
100m: 1:01.43	200m: 2:07.32	300m: 3:13.70			400m: 4:19.22		
31. NOWICKI, Mateusz	94 AQBYD	<b>4:19.41</b>	633	1:03.01	1:06.90	1:05.89	1:03.61
50m:	150m:	250m:			350m:		
100m: 1:03.01	200m: 2:09.91	300m: 3:15.80			400m: 4:19.41		
32. KUĆEWIK, Maciej	96 SLWRO	<b>4:19.44</b>	632	1:01.28	1:06.30	1:06.75	1:05.11
50m:	150m:	250m:			350m:		
100m: 1:01.28	200m: 2:07.58	300m: 3:14.33			400m: 4:19.44		
33. PALMI-KUKIEŁKO, M.	93 SLWRO	<b>4:19.45</b>	632	59.80	1:05.44	1:07.15	1:07.06
50m:	150m:	250m:			350m:		
100m: 59.80	200m: 2:05.24	300m: 3:12.39			400m: 4:19.45		
34. NACHTMAN, Mateusz	95 SLWRO	<b>4:19.95</b>	629	1:00.09	1:07.35	1:07.62	1:04.89
50m:	150m:	250m:			350m:		
100m: 1:00.09	200m: 2:07.44	300m: 3:15.06			400m: 4:19.95		
35. ZEMBRZUSKI, Maciej	92 KOOLS	<b>4:21.95</b>	614	1:02.88	1:06.84	1:07.57	1:04.66
50m:	150m:	250m:			350m:		
100m: 1:02.88	200m: 2:09.72	300m: 3:17.29			400m: 4:21.95		
36. KWIECIEŃ, Michał	94 VIRAC	<b>4:23.89</b>	601	1:02.93	1:06.15	1:07.38	1:07.43
50m:	150m:	250m:			350m:		
100m: 1:02.93	200m: 2:09.08	300m: 3:16.46			400m: 4:23.89		
37. DALECKI, Krzysztof	94 SLWRO	<b>4:25.20</b>	592	1:02.78	1:07.18	1:08.33	1:06.91
50m:	150m:	250m:			350m:		
100m: 1:02.78	200m: 2:09.96	300m: 3:18.29			400m: 4:25.20		
38. ŒEWIŃTKIEWICZ, Rafał	93 BIWAR	<b>4:27.49</b>	577	1:01.48	1:08.31	1:09.50	1:08.20
50m:	150m:	250m:			350m:		
100m: 1:01.48	200m: 2:09.79	300m: 3:19.29			400m: 4:27.49		
39. CHMIEL, Łukasz	93 MOSDG	<b>4:27.98</b>	574	1:04.39	1:08.85	1:06.50	1:08.24
50m:	150m:	250m:			350m:		
100m: 1:04.39	200m: 2:13.24	300m: 3:19.74			400m: 4:27.98		

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Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
40. SZARLIŃSKI, Filip	92 WAWAR	<b>4:28.23</b>	572	1:02.40	1:08.11	1:09.05	1:08.67
50m:	150m:	250m:			350m:		
100m: 1:02.40	200m: 2:10.51	300m: 3:19.56			400m: 4:28.23		
41. SYGNECKI, Janusz SO	92 UNOSW	<b>4:29.99</b>	561	1:01.37	1:09.25	1:10.11	1:09.26
50m:	150m:	250m:			350m:		
100m: 1:01.37	200m: 2:10.62	300m: 3:20.73			400m: 4:29.99		
42. HOŁUB, Jan	96 AVSWI	<b>4:31.13</b>	554	1:05.06	1:10.06	1:10.48	1:05.53
50m:	150m:	250m:			350m:		
100m: 1:05.06	200m: 2:15.12	300m: 3:25.60			400m: 4:31.13		
43. JANKOWSKI, Pawe <sup>3</sup>	95 MOSDG	<b>4:31.35</b>	553	1:05.88	1:10.31	1:09.87	1:05.29
50m:	150m:	250m:			350m:		
100m: 1:05.88	200m: 2:16.19	300m: 3:26.06			400m: 4:31.35		
44. CICHONŃ, Witold	93 MEPAJ	<b>4:33.63</b>	539	1:05.90	1:08.46	1:09.24	1:10.03
50m:	150m:	250m:			350m:		
100m: 1:05.90	200m: 2:14.36	300m: 3:23.60			400m: 4:33.63		
45. SZCZUKA, Pawe <sup>3</sup>	92 KOOLS	<b>4:34.80</b>	532	1:04.44	1:09.83	1:10.49	1:10.04
50m:	150m:	250m:			350m:		
100m: 1:04.44	200m: 2:14.27	300m: 3:24.76			400m: 4:34.80		
46. PIECHOWIAK, Bartosz	96 ASBYD	<b>4:35.61</b>	527	1:03.95	1:11.98	1:11.11	1:08.57
50m:	150m:	250m:			350m:		
100m: 1:03.95	200m: 2:15.93	300m: 3:27.04			400m: 4:35.61		
47. PAWEŁEK, Igor	96 AQBYD	<b>4:36.60</b>	522	1:04.42	1:10.66	1:11.23	1:10.29
50m:	150m:	250m:			350m:		
100m: 1:04.42	200m: 2:15.08	300m: 3:26.31			400m: 4:36.60		
48. MIELECKI, Mateusz SWR	93 SLWRO	<b>4:38.20</b>	513	1:03.95	1:12.41	1:12.32	1:09.52
50m:	150m:	250m:			350m:		
100m: 1:03.95	200m: 2:16.36	300m: 3:28.68			400m: 4:38.20		
49. SKIBIŃSKI, Mateusz	93 MOSDG	<b>4:38.56</b>	511	1:06.61	1:11.55	1:11.48	1:08.92
50m:	150m:	250m:			350m:		
100m: 1:06.61	200m: 2:18.16	300m: 3:29.64			400m: 4:38.56		
50. KORNACKI, Robert SG	93 SATCZ	<b>4:39.55</b>	505	1:06.31	1:12.45	1:10.65	1:10.14
50m:	150m:	250m:			350m:		
100m: 1:06.31	200m: 2:18.76	300m: 3:29.41			400m: 4:39.55		
51. DUDZIAK, Jakub	95 SLWRO	<b>4:39.68</b>	505	1:07.11	1:13.10	1:11.48	1:07.99
50m:	150m:	250m:			350m:		
100m: 1:07.11	200m: 2:20.21	300m: 3:31.69			400m: 4:39.68		
52. GWIAZDA, Micha <sup>3</sup>	94 SKLUB	<b>4:39.87</b>	504	1:07.58	1:12.30	1:11.77	1:08.22
50m:	150m:	250m:			350m:		
100m: 1:07.58	200m: 2:19.88	300m: 3:31.65			400m: 4:39.87		
53. BURZAWA, Mateusz	96 MOSDG	<b>4:40.66</b>	499	1:08.36	1:11.95	1:12.12	1:08.23
50m:	150m:	250m:			350m:		
100m: 1:08.36	200m: 2:20.31	300m: 3:32.43			400m: 4:40.66		
54. CIESIELSKI, Filip	96 AQBYD	<b>4:42.48</b>	490	1:07.01	1:13.43	1:12.51	1:09.53
50m:	150m:	250m:			350m:		
100m: 1:07.01	200m: 2:20.44	300m: 3:32.95			400m: 4:42.48		
55. HEJNOWSKI, Dawid	95 MOSDG	<b>4:43.55</b>	484	1:06.95	1:12.56	1:12.86	1:11.18
50m:	150m:	250m:			350m:		
100m: 1:06.95	200m: 2:19.51	300m: 3:32.37			400m: 4:43.55		
56. SOBCZYK, Kamil	93 TRLOD	<b>4:44.99</b>	477	1:06.50	1:12.68	1:12.74	1:13.07
50m:	150m:	250m:			350m:		
100m: 1:06.50	200m: 2:19.18	300m: 3:31.92			400m: 4:44.99		
57. RODZIEWICZ, Kacper SO	92 UNOSW	<b>4:45.29</b>	476	1:07.55	1:12.68	1:13.30	1:11.76
50m:	150m:	250m:			350m:		
100m: 1:07.55	200m: 2:20.23	300m: 3:33.53			400m: 4:45.29		
58. GAWLIK, Jaros <sup>3</sup> aw, SG	92 WAWAR	<b>4:45.54</b>	474	1:05.69	1:14.19	1:15.01	1:10.65
50m:	150m:	250m:			350m:		
100m: 1:05.69	200m: 2:19.88	300m: 3:34.89			400m: 4:45.54		
59. KRZAK, Patryk	95 UNOSW	<b>4:47.66</b>	464	1:09.01	1:13.14	1:12.98	1:12.53
50m:	150m:	250m:			350m:		
100m: 1:09.01	200m: 2:22.15	300m: 3:35.13			400m: 4:47.66		

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60. SIKORA, Micha <sup>3</sup>	95 SLWRO	<b>4:51.49</b>	446	1:08.40	1:14.57	1:15.69	1:12.83
50m:	150m:	250m:			350m:		
100m: 1:08.40	200m: 2:22.97	300m: 3:38.66			400m: 4:51.49		
61. KOŁODZIEJCZYK, P.	96 UNOSW	<b>4:53.21</b>	438	1:09.00	1:14.69	1:15.27	1:14.25
50m:	150m:	250m:			350m:		
100m: 1:09.00	200m: 2:23.69	300m: 3:38.96			400m: 4:53.21		
62. WARZECHA, Wiktor	95 KMZAB	<b>4:57.66</b>	419	1:11.59	1:16.00	1:16.23	1:13.84
50m:	150m:	250m:			350m:		
100m: 1:11.59	200m: 2:27.59	300m: 3:43.82			400m: 4:57.66		
63. RATAJCZAK, T.	96 UNOSW	<b>5:00.86</b>	405	1:08.65	1:17.30	1:18.10	1:16.81
50m:	150m:	250m:			350m:		
100m: 1:08.65	200m: 2:25.95	300m: 3:44.05			400m: 5:00.86		
64. MALCZYK, Marcin	95 UNOSW	<b>5:03.02</b>	397	1:11.64	1:17.29	1:17.20	1:16.89
50m:	150m:	250m:			350m:		
100m: 1:11.64	200m: 2:28.93	300m: 3:46.13			400m: 5:03.02		
65. JERZYŃSKI, Konrad	96 TRLOD	<b>5:04.61</b>	391	1:13.41	1:19.20	1:17.44	1:14.56
50m:	150m:	250m:			350m:		
100m: 1:13.41	200m: 2:32.61	300m: 3:50.05			400m: 5:04.61		
NIE UK. IWANIUK, Damian	87 AZWAW						
50m:	150m:	250m:			350m:		
100m:	200m:	300m:			400m:		